Realms. The moment they attain the cessation of those afflictions they achieve the result of foe destroyer.

The first type of Leapers who attain	The first type of Leapers who attain	The first type of Leapers who attain	The first type of Leapers who attain
the result of	the result of	the result of	the result of
stream-enterer	once-returner	non-returner	foe-destroyer
	<ul> <li>Are Hinayana Aryas</li> <li>They attain the irrevocable cessation of the three fetters on the path of seeing, having temporarily eliminated the sixth type of mundane innate afflictions of the Desire Realm prior to reaching the path of seeing</li> <li>They attain neither the temporary nor the irrevocable cessation of the ninth type of mundane afflictions of the Desire Realm</li> </ul>	<ul> <li>Are Hinayana Aryas</li> <li>They attain the temporary or irrevocable cessation of the ninth type of mundane innate afflictions of the Desire Realm</li> <li>They do not attain the irrevocable cessation of the ninth type of supramundane afflictions of the Desire Realm</li> </ul>	<ul> <li>Are Aryas</li> <li>They attain the irrevocable cessation of the ninth type of supramundane innate afflictions of the Desire Realm and therefore the irrevocable cessation of the ninth type of innate afflictions of each of the eight levels of the Form and Formless Realms</li> </ul>

## b) The second type of Leapers

The second type of Leapers refers to Hinayana Aryas who attain only the last two results of non-returner and foe-destroyer because they temporarily eliminated the ninth type of mundane innate afflictions of the Desire Realm prior to reaching the path of seeing.

While they are on the path of seeing, they irrevocably eliminate the three fetters (i.e. intellectually acquired afflictive obstructions). The moment they attain the irrevocable cessation of the three fetters they become non-returners. They do not attain the result of stream-enterer because stream-enterers are characterized by being Hinayana Aryas who did not temporarily eliminate the sixth type of mundane innate afflictions prior to reaching the path of seeing. Furthermore, they do not attain the result of once-returner because once-returners are characterized by being Hinayana Aryas who did not temporarily eliminate the ninth type of mundane innate afflictions prior to entering the path of seeing. In order to attain the result of foe-destroyer, those Leapers then generate the ninth (big-big) uninterrupted path of the path of meditation, i.e. the *Vajra-like Stabilization*, and use it to irrevocably eliminate the supramundane innate afflictions of the Desire Realm and the other eight levels. The moment they attain the cessation of those afflictions they become foe-destroyers.

The second type of Leapers who attain the result of stream-enterer	The second type of Leapers who attain the result of once-returner	The second type of Leapers who attain the result of non-returner	The second type of Leapers who attain the result of foe-destroyer
		<ul> <li>They are Hinayana Aryas</li> <li>They attain the irrevocable cessation of the three fetters on the path of seeing, having temporarily eliminated the ninth type of mundane innate afflictions of the Desire Realm prior to reaching the path of seeing</li> <li>They do not attain the irrevocable cessation of the ninth type of supramundane afflictions of the Desire Realm</li> </ul>	■ They are Aryas ■ They attain the irrevocable cessation of the ninth type of supramundane innate afflictions of the Desire Realm and therefore the irrevocable cessation of the ninth type of innate afflictions of the each of the eight levels of the Form and Formless Realms

## **Gradual-Attainers**

Gradual-Attainers ('bras bu rim gyis pa, literally: those who [attain] the results gradually) are Hinayana Aryas who attain all four results one after the other, which is why they are called 'Gradual-Attainers'. Furthermore, they are Hinayana Aryas who attain the temporary or irrevocable cessation of the nine types of mundane innate afflictions of the Desire Realm before they attain the irrevocable cessation of their supramundane counterparts. In other words, they attain the temporary cessation of the first type of mundane innate afflictions of the Desire Realm before they attain the temporary or irrevocable cessation of the second type of mundane innate afflictions of the Desire Realm before they attain the irrevocable cessation of the second type of supramundane innate afflictions of the Desire Realm. They attain the temporary or irrevocable cessation of the third type of mundane innate afflictions of the Desire Realm before they attain the irrevocable cessation of the third type of mundane innate afflictions of the Desire Realm before they attain the irrevocable cessation of the third type of supramundane innate afflictions of the Desire Realm before they attain the irrevocable cessation of the third type of supramundane innate afflictions of the Desire Realm before they attain the irrevocable cessation of the third type of supramundane innate afflictions of the Desire Realm before they attain the irrevocable cessation of the third type of supramundane innate afflictions of the Desire Realm before they attain the irrevocable cessation of the third type of supramundane innate afflictions of the Desire Realm

Regarding the attainment of the four results of stream-enterer, etc., while Gradual-Attainers are on the path of seeing they first irrevocably eliminate the three fetters (intellectually acquired afflictive obstructions), without having temporarily eliminated the *sixth* type of mundane innate afflictions of the Desire Realm prior to reaching the path of seeing. The moment they attain the cessation of the three fetters they become stream-enterers.

Thereafter, they temporarily or irrevocably eliminate the different types of mundane innate afflictions of the Desire Realm without irrevocably eliminating their supramundane counterparts at the same time. Please note that Gradual-Attainers may have already temporarily eliminated any of the first five types of mundane innate afflictions prior to reaching the path of seeing.

If they did not temporarily eliminate any of the first five types of mundane innate afflictions of the Desire Realm prior to reaching the path of seeing, they now gradually cultivate either mundane uninterrupted paths (of the preparatory stage of the first concentration) or any of the first four supramundane uninterrupted paths of the path of meditation, with which, step by step, they temporarily or irrevocably eliminate the first five types of mundane innate afflictions of the Desire Realm without also irrevocably eliminating their supramundane counterparts at the same time.

In order to attain the result of once-returner, Gradual-Attainers may then cultivate a mundane uninterrupted path (of the preparatory stage of the first concentration) and use it to temporarily remove the sixth type of mundane innate afflictions of the Desire Realm. Or they may cultivate any of the first five types of supramundane uninterrupted paths of the path of meditation and use them to irrevocably eliminate the sixth type of mundane innate afflictions of the Desire Realm. Either way, the moment they